MOBILE AND WEB BOOKING FOR OCCUPATIONAL HEALTH NURSE REMOTE APPOINTMENT 4.5.2020 - 30.6.2020

Due to the pandemia situation Occupational health nurse will be accessible also by Omamehiläinen app and internet website https://ajanvaraus.mehilainen.fi/?language=en. Note, that in case of an acute illness, the appointments should be made by calling OmaTyöterveys-number +358 20 690 623.

- You can book remote appointment or call with your own occupational health nurse when
  - There is a need to follow-up workability or continue examinations
  - Physical problems or pain (neck, shoulder, back or leg)
  - Worries or need to discuss emotional or work-related issues
  - Chronic illness gets worse or hinders your workability
  - Other issues concerning your health or/and work

Occupational health nurse can book a health check-up or refer you to an appointment with physioterapist, psychologist or a doctor when needed. We want to ensure, that occupational health issues can be treated safely also during pandemia situation.

Also superiors can book consultation appointment with occupational health nurse to discuss occupational health issues concerning own team (f.g. Absences or early support).
BOOKING VIA INTERNET OR APPLICATION


Note, that direct web booking for example to doctors' appointments is not included in occupational health contract.

You can also make a booking to laboratory, if you already have a referral from Mehiläinen.

Choose a right clinic or region and appointment/online appointment choose phone appointment. Your occupational health nurse will call you.