Pulssi- Survey - Well-being
University of Oulu

27.4.2020
I am working in

Independent Institutes and Service Departments: 33.1%

Faculty: 66.9%

All responses (Mean: 1.67, Deviation: 0.47) (Responses: 1564)
I am in a managerial role

Bar chart showing:
- Yes: 12.1%
- No: 87.9%

All responses (Mean:1.88, Deviation:0.33) (Responses:1564)
What type of support would you need for improving your situation?

- I would want to get support with my routines regarding working times: 20.6%
- I would want to learn to protect my working time from interruptions: 45.9%
- I would want to learn to prioritize my work better: 41.6%
- I would want to learn to plan large entities: 15.3%
- I would want to discuss my responsibilities and tasks with my supervisor: 31.3%

All responses (Mean: 2.94, Deviation: 1.32) (Responses: 281)
Have you discussed the issue with anyone?

- No: 42.9%
- Yes, who: 57.1%

All responses (Mean: 1.57, Deviation: 0.49) (Responses: 268)
Have you discussed the issue with anyone? - Yes, who

- Line manager, for example in the context of development discussions
- Research unit leader
- The director
- With coworkers
- Occupational psychologist
- My spouse
- With family members
- With Friends
What would you consider as reasons for your reduced work performance?

- Inadequate equipment and/or data connection: 35.1%
- My tasks require skills which I don’t have: 10.4%
- I am not getting the needed support from colleagues/line manager/community: 17.9%
- I don’t know my objectives or what is expected of me: 11.1%
- I don’t consider my work as important: 3.6%
- Other reasons: 75.6%

All responses (Mean: 4.07, Deviation: 2.1) (Responses: 279)
What would you consider as reasons for your reduced work performance? - Other reasons:

Things that have been raised several times:

- Introduction and study of new programmes
- Work that can't be done remotely
- Reconciliation of work and family life when the whole family at home (children of kindergarten age and school age at home)
- Many simultaneous roles and tasks
- Work environment
- Lack of community
- Not asked so easily for help and it becomes problems
- Problems with network connections
- Problems with working ergonomics
- Lack of contact instruction
- Increased workload e.g. Organizing teaching by distance learning
- Stress
- Absence of work rhythm and routines
1. I have enough time to carry out my duties during working hours
2. I am able to balance my work and other life
3. My line manager pays attention to my work load and my ability to cope
4. Our meeting procedures serve the achievement of our unit’s objectives
5. Working remotely has not reduced my work performance
6. Working remotely has had a positive impact on my well-being at work.
7. We have succeeded in maintaining a sense of community on our working team despite working remotely.

All responses 2019
If the statement does not apply to your work or duties, or you are unable to give an opinion on the statement, choose 'no opinion'.

1. I have enough time to carry out my duties during working hours (All responses) (Mean: 3.7, Deviation: 1.18) (Responses: 1564)

2. I am able to balance my work and other life (All responses) (Mean: 3.71, Deviation: 1.12) (Responses: 1564)

3. My line manager pays attention to my work load and my ability to cope (All responses) (Mean: 3.75, Deviation: 1.07) (Responses: 1564)

4. Our meeting procedures serve the achievement of our unit’s objectives (All responses) (Mean: 3.88, Deviation: 1.0) (Responses: 1564)

5. Working remotely has not reduced my work performance (All responses) (Mean: 3.75, Deviation: 1.21) (Responses: 1564)

6. Working remotely has had a positive impact on my well-being at work. (All responses) (Mean: 3.3, Deviation: 1.2) (Responses: 1564)

7. We have succeeded in maintaining a sense of community on our working team despite working remotely. (All responses) (Mean: 3.64,...
Section averages

All responses: 3.68
Mean: 3.68
How likely would you recommend your university as an employer?

NP
Critics (0-6)
Passive (7-8)
They who recommend (9-10)

Answers 1462

Good result +30 or over
How likely would you recommend your university as an employer?

Well-being Survey, Autumn 2019

Critics (0-6)
Passive (7-8)
They who recommend (9-10)

Answers 1462

Good result +30 or over